



ROCKY MOUNTAIN RESOURCES

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TECHNICAL REPORT FILED ON SEDAR

Rocky Mountain Resources Corp. (the "Company") is pleased to announce that a new National Instrument 43-101 compliant technical report entitled "NI 43-101 Technical Report, Paris Hills Phosphate and Vanadium Project, Idaho, USA, January 20, 2009" was completed by Amec E&C Services Limited. This Report has been filed on SEDAR (www.sedar.com) and on the Company's website at www.rkyresources.com.

Rocky Mountain Resources is an industrial metal and minerals exploration and development company focused on development and production. Phosphate is an essential element of fertilizers and is necessary for growth and health of all plant life. Vanadium is an alloying metal used to strengthen steel and has shown significant increases in demand and pricing since 2003. Information on the company and the projects is found at www.rkyresources.com.

ON BEHALF OF THE BOARD

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